

Self-discipline Homework

Self-discipline: You must do helpful chores around the house without being told.
Look on back for Self-discipline suggestions.

Parents: please give a short description of the student's display of self-discipline in each block.

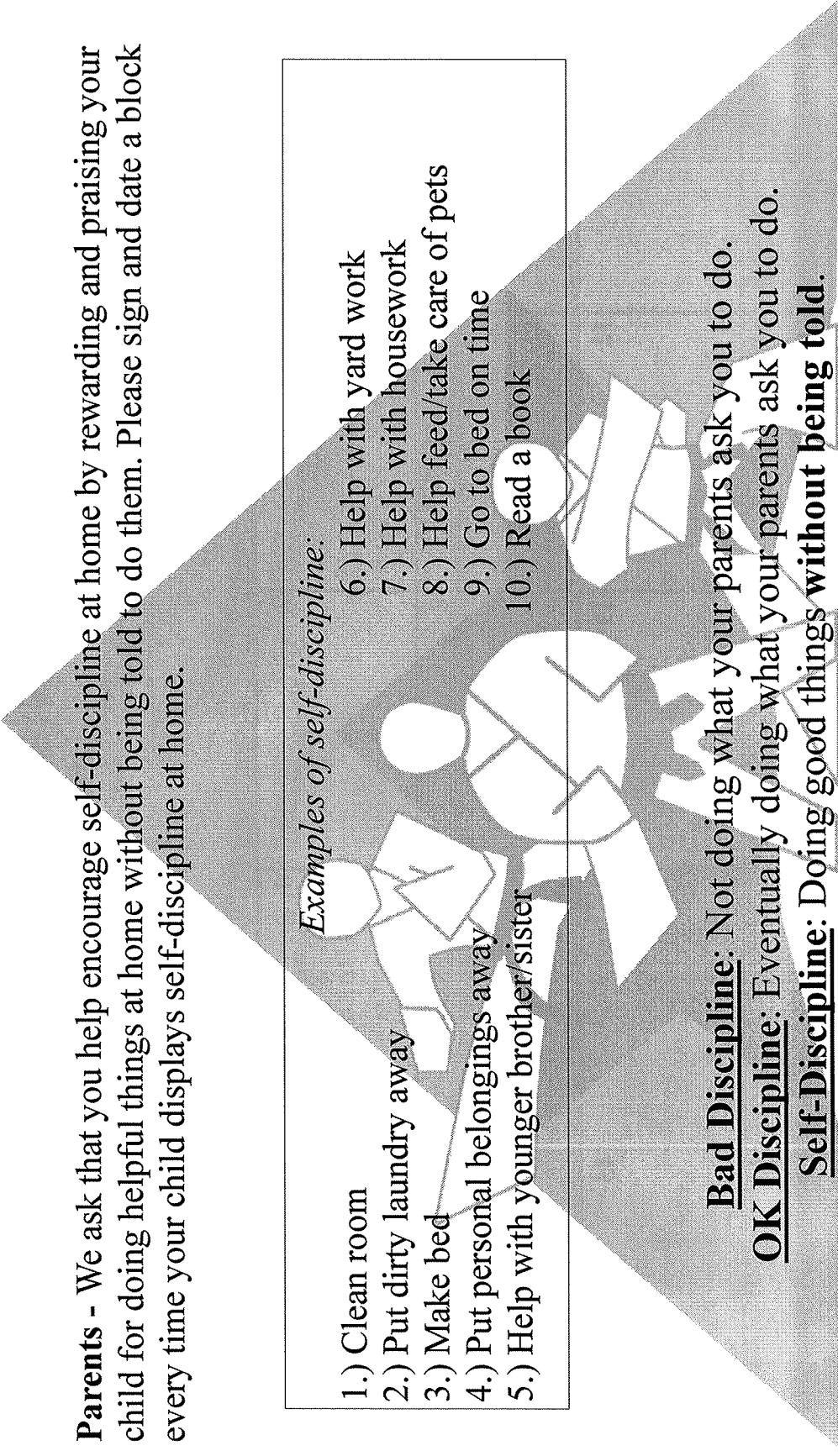
1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20

Name: _____

Parent's Signature: _____

WALTON AMERICA
CONSISTENT RAPIDS

Parents - We ask that you help encourage self-discipline at home by rewarding and praising your child for doing helpful things at home without being told to do them. Please sign and date a block every time your child displays self-discipline at home.

- 
- Examples of self-discipline:*
- 1.) Clean room
 - 2.) Put dirty laundry away
 - 3.) Make bed
 - 4.) Put personal belongings away
 - 5.) Help with younger brother/sister
 - 6.) Help with yard work
 - 7.) Help with housework
 - 8.) Help feed/take care of pets
 - 9.) Go to bed on time
 - 10.) Read a book

Bad Discipline: Not doing what your parents ask you to do.

OK Discipline: Eventually doing what your parents ask you to do.

Self-Discipline: Doing good things **without being told.**

Karate America
WISCONSIN RAPIDS