



# March

## Karate America

Sun	Mon	Tues	Wed	Thu	Fri	Sat
	1 Wavemasters	2	3 Forms	4 Conditioning	5 <b>Tournament Preparation</b>	6 Instructor's Choice
7	8 Forms	9	10 Self-Defense	11 Pads/Papers	12 <b>Tournament Preparation</b>	13 Instructor's Choice
14	15 Conditioning	16	17 Pads/Papers	18 Forms	19 <b>Promotion Test</b>	20 Instructor's Choice
21	22 Combinations	23	24 Basics	25 Wavemasters	26 <b>Tournament Preparation</b>	27 Instructor's Choice
28	29 Pads/Papers	30	31 Forms			

### Important Dates

**Promotion Test**  
3/19 @ 6:15 PM

#### Leadership Team Meeting

3/5 @ 6:15

Be prepared to go over everything for both January and February!

#### Special Forces

3/5 Practice (4:30 - 5:30)

3/12 Practice (4:30 - 5:30)

3/19 Practice (4:30 - 5:30)

3/26 Practice (4:30 - 5:30)

#### Specialty Classes (@ 6:15)

3/5 **Tournament Prep**

3/12 **Tournament Prep**

3/19 **Promotion Test**

3/26 **Tournament Prep**